

Beth Israel Congregation of Waterville Mikvah Guide Brit

Beth Israel's commitment to you

- We take the support and supervision of our volunteers very seriously.
 - Our guides will receive feedback and communication, ongoing.
- We commit to expressing gratitude for your volunteer role.
- We commit to being inclusive, respectful, and supportive to you both personally and in your guiding role.

Your commitment to Beth Israel

- Volunteers commit to holding conversations outlined in the [Mikvah guidelines](#) with each client before immersing.
 - These conversations will establish an agreement and practice regarding each individual's privacy and confidentiality.
- All Volunteers commit to completing the Rising Tide 7 steps Mikvah Guide Training course before guiding their first immersion.
- All Volunteers commit to attending a new mikvah guide orientation at Beth Israel Congregation before guiding their first immersion.
- All volunteers understand that they are serving a small community in an intimate way and commit to being inclusive, respectful, and honoring the confidentiality and privacy of every individual.
- All volunteers will regularly check their email and respond to emails, in a timely manner.
- All volunteers will communicate with the Executive Director of Beth Israel Congregation as well as the sponsoring rabbi if they have specific questions or plans change at the last minute.

Training Process for all Mikvah Guides

1. Completion of the Rising Tide [Seven Steps Program](#), which prepares our Guides to learn about the history and text sources of mikveh, the many reasons for immersions, supporting immersion guests with sensitivity, logistics of Guiding, and more.
 - a. Information about the Seven Steps Program can be found on the Mayyim Hayyim website and questions about your enrollment and participation should be directed to your institution's rabbi and if questions remain to Melanie Weiss (maweiss@colby.edu)
2. Attendance at an in-person orientation at Beth Israel Congregation where all guides will be walked through the logistics of the mikvah and will be given a tour of the space. The orientation will include logistics, expectations, and guidelines related to the use of our specific mikvah.
3. Information about the in-person orientation will be provided by the Executive Director of Beth Israel Congregation
4. All volunteers post February 2024, may be required to undergo a background check, at their own expense or paid for by the sponsoring institution.

I verify that I have completed the appropriate training and I agree to abide by the following guidelines.

Client Signature

Date